PHYSICIAN REFERRAL

DPT DOCTORS of PHYSICAL THERAPY | A DOCTORS OF PHYSICAL THERAPY COMPANY Pro Active

Appointments **(760) 444-0102** Referral fax **(760) 621-8425** **proactive4pt.com**

EVALUATE AND TREAT ☐ PT ☐ OT (Hand Therapy)

LOCATION

☐ **Carlsbad**
6070 Avenida Encinas, #100 · Carlsbad, CA 92011

☐ **Carmel Valley**
12264 El Camino Real, Suite 102 · San Diego, CA 92130

☐ **Mission Valley / Kearny Mesa**
3665 Ruffin Road, Suite 304 · San Diego, CA 92123

☐ **National City / South Bay**
2345 E. 8th Street, Suite 106, 107 & 109 · National City, CA 91950

☐ **Rancho Bernardo**
17150 Via Del Campo, Suite 200 · San Diego, CA 92127

☐ **Rancho Bernardo Aquatic** AQUATIC
LA Fitness, 16913 Dove Canyon Road · San Diego, CA 92127

☐ **Vista**
380 S. Melrose Drive, Suite 208 · Vista, CA 92081

PATIENT

Patient's Name: _____ Phone: _____

Diagnosis: _____ DOB: _____

Surgical Procedure: _____ Date of Surgery: _____

Precautions / Special Instructions: _____

Frequency: _____ Duration: _____

PROCEDURES

- ☐ Therapeutic Procedure / Exercise
- ☐ Therapeutic Activities
- ☐ Joint Mobilization / Manual
- ☐ Myofascial Release / Manual
- ☐ Soft Tissue Mobilization / Manual
- ☐ Neuromuscular Reeducation
- ☐ Gait Training
- ☐ Taping
- ☐ Home Exercise Program
- ☐ Posture / Body Mechanics
- ☐ TMJ Rehabilitation

MODALITIES

- ☐ Ultrasound
- ☐ Electric Stimulation / Cold / Hot Packs
- ☐ Traction
- ☐ Cupping
- ☐ Hand Therapy - HTC / CHT (OT)
- ☐ Aquatic Therapy *Rancho Bernardo*
- ☐ Functional Capacity Evaluation - FCE
- ☐ Work Conditioning
- ☐ Neuro Rehabilitation
- ☐ Vestibular Rehabilitation
- ☐ Blood Flow Restriction - BFR

Special instructions: _____

_____

Physician's Signature: _____ Date: _____

Phone: _____ Fax: _____

ACCEPTED INSURANCE LIST

Call **(760) 444-0102** Fax **(760) 621-8425** **proactive4pt.com**

ProActive can provide a detailed verification of your benefits before your appointment. Our staff is here to answer any insurance or billing question. ProActive Physical Therapy is Medicare certified and a preferred provider for the plans below.

7 San Diego area locations

PRIVATE

- Access IPA
- Aetna *(includes HMO, POS, EPO, PPO)*
- AIDS Healthcare Foundation
- Alameda Alliance for Health
- Alliance Healthcare
- American PPO
- Ameriplan USA
- Ancillary Care Services *(ACS)*
- AppleCare Medical Group
- Beech Street
- Bella Vista Medical Group
- Blue Cross *(includes Covered California participating provider, HMO, POS, EPO, PPO)*
- Blue Shield *(includes Federal, HMO, POS, EPO, PPO)*
- California Foundation for Medical Care
- Cigna *(includes HMO, POS, EPO, PPO)*
- Evolutions Healthcare Systems
- FedMed
- First Health / CCN / Coventry
- Fortified Provider Network
- Galaxy Health Network
- GEHA
- GreatWest Healthcare
- Health Management Network
- Healthnet *(includes HMO, POS, EPO, PPO)*

PRIVATE, CONTINUED

- Healthscope
- Healthsmart
- HHCG PPN
- Multiplan
- Noble AMA
- Optum Health Allies
- Oxford
- Pacific Health Alliance
- PHCS
- Premier Provider Network
- SCRIPPS Plans *(Clinic and Coastal)*
- Union Roofers Health & Welfare Fund
- United Healthcare *(includes HMO, POS, EPO, PPO)*
- UMR
- USA Managed Care Org

GOVERNMENT COVERAGE

- Department of Labor
- Medicare
- Medicare Railroad
- Tricare
- Veterans Affairs

MEDICARE ADVANTAGE

- AARP
- SCAN
- Secure Horizons

- Most Workers' Compensation insurers, even if not listed above
- Most Personal Injury liens

CALL TO VERIFY WE TAKE YOUR SPECIFIC PLAN

Insurance participation varies by plan and is subject to change without notice. This list is provided for reference only and does not guarantee coverage. Please contact our office to verify your specific plan and benefits before your appointment.

Serving North County and San Diego. **Locations and referral form on the reverse.**

CLINICIAN-LED. EVIDENCE-BASED. OUTCOME-DRIVEN.

PROACTIVE4PT.COM